



Now offering a variety of fitness classes!!

Mondays	Tuesdays	Thursdays	Fridays
6:30-7:30pm YOGA with Missy	9:00am-10:00am BARRE with Sharon	9:00-10:00a BARRE with Sharon	6:30-7:30pm BARRE with Sharon
		5:15-6:15pm TRX with Sharon	5:30-6:30pm TRX with Sharon
		6:30-7:30pm YOGA with Missy	

\$12 per class for General Public

\$8 per class for Members of EDA

Have a time in mind that would better suit your schedule? Let our office know! We are looking to add additional class times to our current schedule.

